



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

# Behaviours to manage and prevent the spread of SARS-CoV-2 infection

**Summary information  
for Visitors**

To protect yourself and limit the spread of infection, prevention is the most effective weapon. Access to, stay on and exit from the University campuses require specific measures to be taken to ensure the protection of one's own health and that of the entire university community. The rules to be complied with are detailed in the [Behavioural Guidelines - Epidemiological Emergency Protocol from SARS-CoV-2 \(Guidelines\)](#) and in the [Procedure for the management of symptomatic and positive cases of SARS-CoV-2 \(Procedure\)](#). All those who enter Università Cattolica are required to read these documents. Below is a summary of the main measures to be followed. Moreover, it is strongly recommended to the whole university community to download and use the IMMUNI app (<https://www.immuni.italia.it/>).

## MAIN BEHAVIOUR NORMS TO ADOPT

### Before entering the University

- Remain at home and do not go to the campus in the event of a respiratory infection characterised by a fever above 37.5 °C - to be measured before travelling to the University - and/or other COVID-19-related symptoms; contact your general practitioner (GP or family doctor) as soon as possible.
- Follow any medical prescriptions related to COVID-19 received by the Health Authorities (e.g. isolation, swab testing, also in the case you are among the close contacts of a positive case).
- Comply with the regulations and reference indications in the home - University route, also with reference to the use of means of transport, sanitising your hands before entering Università Cattolica.
- Access to the campuses according to the modalities established by the University competent structures and disseminated through institutional communication channels.
- Keep with you certifications (e.g. COVID-19 self-declaration form) authorising your presence at the University, to be handed in to the staff in charge.

### During your access and stay at the University

- Wear a suitable face mask (the use of the so-called "community masks" is not authorised) and keep with you your own equipment, considering the need for replacement due to wear and tear during your stay at the University.
- Access the campus only from the allowed accesses, in an orderly manner, respecting the interpersonal distance of at least 1 metre, paying attention to the indications provided by the University staff in charge of body temperature detection.
- Contact the COVID-19 reference numbers or inform the security staff of the possible appearance of any confirmed COVID-19 symptoms during your stay at the campuses; do not go to the ER and/or the infirmary, follow the established procedures and the instructions given by the staff in charge, as well as any communications received by the health authorities, also with reference to your returning home.
- Access and leave the University's rooms in an orderly manner, avoiding unnecessary stationing and gatherings even in the common areas (e.g. corridors and courtyards).
- During the breaks between the activities scheduled at the University, use the spaces available for this purpose, if provided for and specifically indicated.

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- Strictly respect the hygienic and behavioural standards established by the University. Frequently practice hand hygiene, even more so in the case of contact with surfaces and tools of communal use or before accessing classrooms and rooms where services are provided.
- Remain inside the University, including in open spaces, exclusively for the time necessary to carry out the activities in which you are involved.
- Conduct meetings limiting the number of participants and favouring the use of “remote” communication tools, where applicable.
- Respect the maximum capacity of the rooms used, i.e. the number of simultaneous attendances allowed.
- Respect your turn to access the services and the premises.
- Privilege the use of stairs instead of lifts, the use of which is permitted to one person at a time.
- Use the appropriate containers for the disposal of disposable masks and gloves.

### When leaving the University

- Make sure you do not leave personal belongings inside the University premises.
- Return home respecting the same precautionary measures taken to reach the University.

### CONTACT DETAILS

The reference numbers to be used for the communications referred to in this notice are as follows:

- Milan +39 02 7234 2000
- Roma +39 06 3015 8770 (or 8771)
- Brescia +39 030 2406 499
- Piacenza/Cremona +39 0523 599 111

Further general information is also available at [infocoronavirus@unicatt.it](mailto:infocoronavirus@unicatt.it).



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