

## LABORATORI PROFESSIONALI (ITO140)

### 1. language

Italian

### 2. course contents

Coordinator: Prof. Christian Grassone

Year course: 1°

Semester: 1° e 2°

UFC: 1

Modules and lecturers:

- LABORATORI PROFESSIONALI (ITOLB1) - ssd MED/45

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### 3. BIBLIOGRAPHY

Mortari L, Saiani L. Gestì e pensieri di cura. Milano: Mc Graw Hill, 2013.

Saiani L, Brugnolli A. Trattato di cure infermieristiche. Napoli: Casa Editrice Idelson-Gnocchi, 2011. Cap 8 e 28.

Guida all'Esercizio della Professione di Infermiere. Torino: CG edizioni medico scientifiche, 2014.

### 4. LEARNING OBJECTIVES

At the end of the laboratory the student will be able to:

**Knowledge and understanding (Dublin 1)**

In the laboratories, knowledge and understanding skills are only applied.

**Applied knowledge and understanding (Dublin 2)**

analyze and recognize the axioms of communication;

become aware of one's own emotions/reactions in communication;

experience communication techniques aimed at acquiring information during the nursing assessment phase

know the vital signs and how to measure them;

recognize the senses involved in measuring vital signs.

**Making judgments (Dublin 3)**

discuss the criteria that guide the professional in intentionally applying the care gestures mediated by contact;

discuss the criteria that guide the professional in intentionally applying the principles of communication;

recognize the values within the physiological ranges and the meaning of the values above or below the threshold.

### **Communication skills (Dublino 4)**

use a communication appropriate to the context and to the assisted person in the care settings;  
use the terminology appropriate to the relational context mediated by the contact;  
use terminology appropriate to the context and activity related to vital signs.

### **Learning skills (Dublino 5)**

self-assess one's level of professional competence and carry out self-training activities;  
reflect on one's own reactions deriving from the experiential impact;  
recognize one's experience in using the senses to measure vital signs.

## **5. prerequisites**

## **6. TEACHING METHODS**

Role playing with respect to the interview being assessed. Experiential activities followed by reflection and plenary discussion on the theme of contact in care relationships. Practice with advanced dummy. Exercise among classmates for the retrieval of vital signs (central and peripheral pulse, use of the sphygmomanometer, phonendoscope, oximeter).

## **7. OTHER INFORMATIONS**

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## **8. METHODS FOR VERIFYING LEARNING AND FOR EVALUATION**

Behavior descriptor sheet and individual relationship. At the end of each laboratory, the student will obtain an eligibility assessment (visible on the Florence platform). The certification of suitability (useful for obtaining the CFU) will be recorded in the dedicated exam sessions.

## **9. program**

**Nursing assessment and interview.** Exercises with simulated scenarios prepared ad hoc for the laboratory.

**Detection and evaluation of vital parameters.** Theoretical-practical exercises related to the detection and evaluation of vital signs and the senses involved in it

**Thoughts and gestures of care.** Experiential activity with plenary reflection