# Methodology of Social Work 3 (with Module on Social Work Procedures and Techniques and Workshop of ‘Methodological Rethinking’)

## Prof. Valentina Calcaterra; Prof. Paola Limongelli

# Module 1*: Methodology of Social Work III* (Prof. Valentina Calcaterra)

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course explores the principles and professional methodology of community social work in terms of planning and implementing interventions of collective value, beginning with “group social work” practices (group work) and exploring the various fields and levels of “relational co-design” in social services and local communities.

The module includes a “Methodological Revision” workshop, which will be based on the practical experience gained by students on placement in their various fields, and conducted under the direct supervision of university tutors. There will also be a workshop on “Analysing good relational practice” (prof.ssa Martina Sala), i.e. practice that directly engages those involved (family members and civilian *experts by experience*).

*Intended learning outcomes*

By the end of the course, students will be able to demonstrate suitable professional reflectiveness on potential innovative “open assistance” practices, as promoters of civic empowerment and social capital. The practices characterise a form of social work conducted within local communities, “outside” of the bureaucratic or managerial contexts of conventional welfare organisations. On an applied level, students must demonstrate the ability to understand important issues common in the reference territories, and to promote community networks or new social movements in order to address them. In particular, they must demonstrate that they can manage “relational facilitation", applied both to small groups and to the co-development of social projects.

***COURSE CONTENT***

1. Applications of professional social work of collective value: group work and community social work.
2. Informal community social networks and community care.
3. Empowerment and participation of users and citizens in designing and co-designing interventions of collective value.
4. ‘Method-based’ and ‘operative’ objectives in community social work.
5. The concept of ‘group leader’ in community relational planning.
6. Community development; (participatory) social care planning and addressing specific problems or community emergencies and community problem solving.
7. Facilitation/relational leadership techniques in self-help/mutual-help groups.
8. Facilitation methods to start and monitor projects in local communities.

***READING LIST***

D. Steimberg (2002), *L’auto/mutuo aiuto: guida per i facilitatori di gruppo,* Erickson, Trento

Calcaterra V. & Panciroli C. (2021), *Il Lavoro Sociale di Comunità passo dopo passo. Metodologia e strumenti per progetti a valenza collettiva,* Erickson, Trento

V. Calcaterra (2013), *Attivare e Facilitare gruppi di auto/mutuo aiuto*, Erickson, Trento

M.L. Raineri (2011), *Community work,* in *Lavoro Sociale*, vol. 5, n. 3, dicembre 2005, pp. 421-427.

F. Folgheraiter (2016), *Scritti scelti: teoria e metodologia di social work*, Erickson, Trento (cap. 4, 8, 10, 21,22, 23, 32, 35, 40)

M. Mayo (2002), *Community work*, in Adam R., Dominelli L., Payne M. (etd) *Social work: Themes, issues and critical debates*, London, Palgrave (capitolo fornito a lezione)

In lectures, details of a classic text by important key figures of social thought. A group task will be set on these texts to develop humanistic and scientific links with professional practice in the community.

Lecture notes and practical exercises in class which will be uploaded onto the lecturer's webpage.

***TEACHING METHOD***

The course will be delivered by means of frontal lectures, group exercises, analysis of testimonies from operators, expert users and active citizens, and methodological review meetings on the placements under way.

***ASSESSMENT METHOD AND CRITERIA***

Students will be assessed by means of oral and written exams. The written exam will assess students' knowledge of the content covered in the lectures and in the texts on the reading list. For the written assessment, students shall answer five open questions. The assessment criteria are as follows: accuracy in terms of theory and concepts; students’ ability to methodologically review examples of real cases. Students must pass the written assessment (with a minimum score of 18/30) in order to sit the additional oral exam. The exam includes students’ presentation of a short paper with reflections based on the experiences discussed in 2 workshops (instructions on paper writing and deadlines will be provided in class). The final mark will be out of 30 and take into account the mark awarded for the “Social Work Procedures and Techniques 3” module.

***NOTES AND PREREQUISITES***

Attendance of the module *Methodology of Social Work III* is strongly recommended for two thirds of the lessons. Working students may arrange a personalised syllabus with the lecturer. The module requires students to pass the exams for all methodologies (Methodologies 1 and Methodologies 2) and the practical learning from previous years’ placement activities.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.

Module 2.*Social Work Procedures and Techniques 3* **(**Prof. Paola Limongelli)

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The module aims to develop and complete students’ basic knowledge of the current regulations and practices used by organisations that manage care services in relation to fulfilling the institutional roles of social workers and delivering the main forms of social service in the four sectors below.

*Intended learning outcomes*

By the end of the course, students must have secure technical and administrative knowledge, including of the relevant regulations dictating the discretion and reflectivity of social workers (as prescribed by their professional body) in the following sectors: mental health; social rehabilitation and reintegration of deviant subjects and those affected by addiction; and immigrant support.

***COURSE CONTENT***

The module is split into four teaching units:

1. *Intervention for addiction problems*

– The structure of the help path in Addiction Services and the main forms of help.

– The role of the social assistant in the administrative trials for reports on holding of drugs for personal use and in consumption

– The role of the social assistant in alternative measures to detention for drug addicts and alcohol addicts

– Double diagnosis and collaboration with metal health service

– Prevention initiatives

2. *Intervention for mental health*

– The most significant historical stages of psychiatry and the current structure of mental health service.

– The support path in the Mental Health Centers and the main help actions of the social service.

– Mental illness associated with other problematic conditions: people in prison and being discharged from OPG; people with drug addiction and collaboration with SerD; Migrants.

3. *Social services in relation to the penal system.*

– The adult prison system, related services, alternative measures to prison. The role of the Ufficio per l'esecuzione penale esterna (Office for external penal execution)

– DPR 448/1988 and the interventions for minors on trial: important figures contributing to the application of legislation with the relative functions, phases of a process, techniques and procedures in rehabilitation interventions involving young offenders.

4. *Immigration and social service*

– An outline of legislation and important figures dealing with immigrants, including the following functions: procedures for entering Italy, residency and potential citizenship.

– Interventions and possible support, processes of mediation and integration.

– Illegal immigration; an overview of the procedures for requesting asylum and available forms of protection for victims of human trafficking.

– Foreign unaccompanied minors: clarification of terminology; protective interventions in Italy.

***READING LIST***

M.L. Raineri F. Corradini, *Linee Guida e Procedure di servizio Sociale* (IV edizione)*,* Erickson, Trento, 2022.

In class, the lecturer will communicate the chapters to study and the reference law for recent updates.

***TEACHING METHOD***

Frontal lectures and exercises on practical cases. Lezioni frontali ed esercitazioni su casi pratici.

***ASSESSMENT METHOD AND CRITERIA***

Students will be assessed by means of a written exam with both multiple-choice to be taken in person (this test will be replaced by an oral exam in the case the exam must take place remotely). The mark for this module will contribute to the mark for the Methodology of Social Work 3 course. Students will be assessed on their theoretical knowledge of the procedures as well as their ability to demonstrate that they can apply them appropriately in real work contexts (placements and trainee activities, primarily).

***NOTES AND PREREQUISITES***

Students must attend at least two-thirds of the lectures. Working students may arrange a personalised syllabus with the lecturer. This module introduces students to the technical specifications of the four welfare sectors considered, and as such has no specific prerequisites. Students must, however, have passed the corresponding procedure-based modules from the previous years.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.