# Social Psychology

## Prof. Camillo Regalia

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The overall aim is to stimulate a capacity for observation and critical reflection of the psycho-social processes that see people involved in interpersonal and social life contexts.

At the end of the course, students will be able to:

– know in depth the main psychological approaches to the study of social life, highlighting their specificities and differences;

– know the research methods of social psychology;

– critically know the role of the individual, group and cultural factors that guide the conduct and actions of people and groups in the social context.

***COURSE CONTENT***

The aim of the course is to analyse the principal social and cultural processes and the emotional and intellectual mechanisms that underlie the way in which individuals and social groups perceive themselves and others and that influence them and put them in relationship with them.

Special attention will be given to the following topics: the formation of impressions, the construction of identity, motivations, stereotypes and prejudices, social influence, aggressiveness, persuasion, the dynamics of social groups, social conflict.

Special focus will be given to the study of the psychosocial processes that encourage selfless and prosocial behaviours and attitudes, such as forgiveness and gratitude.

***READING LIST***

D. Kenrick et al, *Psicologia socale*, Settima edizione, Pearson, Milano, 2021 (chapss 1, 2, 3, 4, 6, 9, 10, 11, 13).

F. Danioni-C. Regalia*, Io ti ringrazio*, San Paolo, Milano, 2020.

***TEACHING METHOD***

The course consists of theory lectures and exercises. During lectures the general specs of topics will be covered: students will therefore study them in-depth with the support of course books and notes. The exercises, which may include contributions from experts, are geared towards studying specific topics in greater detail. The available material will be accessible through the Blackboard platform.

***ASSESSMENT METHOD AND CRITERIA***

An oral exam comprising a series of questions on the course syllabus topics and on the books indicated. Assessment will pay particular attention to students' understanding of the topics covered, their presentation clarity, their ability to establish connections between the various subjects and topics covered, their acquisition of the discipline's language concepts, and their ability to apply these knowledgeably to the different contexts of social life.

***NOTES AND PREREQUISITES***

There are no prerequisites for attending the course.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.