**Workshop: Soft Skills Empowerment**

Prof. Anna Sfardini

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The workshop aims to provide students with the necessary tools to acquire the so-called “cross-cutting skills” now particularly sought after in vocational training and company organisation. By the end of the workshop, students will have gained greater awareness of their own communication resources thanks to class work aimed at experimenting and increasing the most useful soft skills for the relevant contexts, thereby supplementing the professional skills they have acquired on their university course with the personal skills they need to successfully tackle both social life and the competitive reality of the labour market.

[***COURSE CONTENT***](https://www.unisi.it/ugov/degreecourse/259710)

The workshop offers students the possibility of improving their skills by the involvement of human resources experts and studying the following areas:

– verbal and non-verbal communication;

– public speaking;

– effective communication and storytelling strategies;

– conflict styles and negotiation techniques;

– group and objective-driven work;

– how to write a CV;

– how to approach a job interview.

***READING LIST***

M.T. Zanola-L. Cavalieri, *Linguaggi e soft skills per comunicare a distanza. Chiarezza, impatto e capacità relazionale*, Vita e Pensiero, Milano, 2020.

Further reading and study material will be provided via the Blackboard platform.

***TEACHING METHOD***

The teaching method combines frontal lectures in class with talks from professionals and soft-skills experts, as well as group and individual practical activities.

***ASSESSMENT METHOD AND CRITERIA***

The oral exam for the workshop approval is based on two methods among which students can choose: the creation and presentation of students video-CV (to be uploaded on the Blackboard page of the course) or an oral exam concerning the text stated in the reading list.

***NOTES AND PREREQUISITES***

Attendance to the course, although not mandatory, is strongly recommended. # The teaching material produced during the course and any material useful for the preparation of the exam will be made available online through the Blackboard platform. The course does not require any content requirements. However, it assumes interest and intellectual curiosity for the topics of the course.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.