# General Sociology and Sociology of the Exercise Science and Sports Professions

## Prof. Linda Lombi

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course aims to promote the knowledge of the key themes and main concepts of sociology, with special focus on the practice of sport as a social phenomenon.

Knowledge and understanding: through the systematic questioning of "taken for granted" facts, at the end of the course students will be able to critically interpret the social processes related to sport and leisure, their practice, and the social role of physical and sporting professions. Moreover, they will be able to understand prospectively the historical and social changes in the social systems of leisure and sport.

Ability to apply knowledge and understanding: students will also be able to face the new professional scenarios that affect physical activity disciplines (educational and those related to the well-being of the individual), identifying the main trends, and not passively experiencing the changes but rather applying what they've learned in an innovative way.

***COURSE CONTENT***

The course arises from the main concepts of general sociology by means of the thorough examination of certain topics as: culture, socialization, stereotypes, prejudices and discriminations. The course will also study the transformation of sport over time. Specific analyses will focus on the different forms of competitiveness, including aggressiveness and violence, but also the evolution of gender and social relations. Alongside these issues, will be developed a specific analysis on the theme of body.

***READING LIST***

S. Cortellazzi (edited by), *Materiali per il corso di Sociologia generale,* EDUCatt, Milan, 2003 (except chapter 1).

A. Romeo (edited by), *Sociologia* *del corpo,* Mondadori*,* Milano, 2018 (except chapter 8).

***TEACHING METHOD***

The course includes lectures enhancing student participation and involvement. Questions, personal reflections and interventions are particularly valued as opportunities for sharing knowledge and for growing individually and collectively.

Summary slides will be used in lectures, which will be made available later on Blackboard. Slides and texts appointed in the reading list represent the programme to study for sitting the exam.

***ASSESSMENT METHOD AND CRITERIA***

The exam comprises an oral interview during which students will have to demonstrate knowledge, distinctions and key concepts of general sociology and sport, as well as the other topics covered in the course. During the course, ongoing monitoring will be conducted through a number of online tools available on the Blackboard platform (tests and/or collection of short papers) to evaluate the skills acquired; this monitoring will be incorporated in the final exam mark awarded.

To pass the final exam it is necessary to obtain a minimum mark of 18/30. The maximum mark is 30/30. Honours will be awarded to the most deserving students.

Skill assessment will be based on: knowledge of the topics covered during the course (from 1 to 15 points), clarity of presentation (1-5), relevance (1-5), critical thinking skills (1-5). Students' use of examples to show their interest in the subject of study or work context is particularly appreciated.

***NOTES AND PREREQUISITES***

There are no prerequisites for attending the course. However, a degree of interest and intellectual curiosity in sport and its historical and social evolution is essential. Active participation by students in the lectures through the contribution of questions and personal reflections, will also be particularly valued.

It is recommended to register for the course on Blackboard so as to stay updated on the course and to access the teaching materials (slides).

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG, or on the Faculty notice board*.*