# Methodology of Social Work 3 (with Workshop of ‘Methodological Rethinking’ and of ‘Analysis of Best Relational Practices’ and Module on Social Work Procedures and Techniques)

## Prof. Valentina Calcaterra; Prof. Maria Luisa Raineri

# Module 1*: Methodology of Social Work III* (Prof. Valentina Calcaterra)

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course explores the principles and professional methodology of community social work in terms of planning and implementing interventions of collective value, beginning with “group social work” practices (group work) and exploring the various fields and levels of “relational co-design” in social services and local communities.

The module includes a “Methodological Revision” workshop, which will be based on the practical experience gained by students on placement in their various fields, and conducted under the direct supervision of university tutors. There will also be a workshop on “Analysing good relational practice” , i.e. practice that directly engages those involved (users, family members and civilian *experts by experience*). By the end of the course, students will be able to demonstrate suitable professional reflectiveness on potential innovative “open assistance” practices, as promoters of community empowerment and social capital. The practices characterise a form of social work conducted within local communities, “outside” of the bureaucratic or managerial contexts of conventional welfare organisations. On an applied level, students must demonstrate the ability to understand important issues common to community members, and to promote community networks or new social movements in order to address them. In particular, they must demonstrate that they can manage “relational facilitation", applied both to small groups and to the co-development of social projects of collective value.

***COURSE CONTENT***

1. Applications of professional social work of collective value: group work and community social work.
2. Informal community social networks and community care.
3. Empowerment and participation of users and citizens in designing and co-designing interventions of collective value.
4. The concept of “group leader” in designing relational community interventions.
5. Method-based “goals” and “operative” goals in community social work.
6. Community development; (participatory) social service planning and addressing specific problems or community emergencies and community problem solving.
7. Facilitation/relational leadership techniques in self-help/mutual-help groups.

***READING LIST***

V. Calcaterra, C. Panciroli, *Il Lavoro Sociale di Comunità passo dopo passo. Metodologia e strumenti per progetti a valenza collettiva,* Erickson, Trento, 2021

D. Steimberg, *L’auto/mutuo aiuto: guida per i facilitatori di gruppo,* Erickson, Trento, 2002.

V. Calcaterra, *Attivare e Facilitare gruppi di auto/mutuo aiuto,* Erickson, Trento, 2013.

M.L. Raineri, *Lavorare con la comunità. Analisi metodologica di stage innovativi,* in *Lavoro Sociale*, vol. 11, no. 1, April 2011, pp. 107-117.

F. Folgheraiter, *Scritti scelti.: teoria e metodologia di social work,* Erickson, Trento, 2016 (chaps. 4, 8, 10, 21,22, 23, 32, 35, 40)

M. Mayo, *Community work,* in R. Adam-L. Dominelli-M. Payne (ed.), *Social work: Themes, issues and critical debates*, London, Palgrave, 2002 (chapters to be confirmed in lectures)

In lectures, details of a classic text by an important key figure of social thought. A group task will be set on these texts to develop humanistic and scientific links with professional practice in the community.

Lecture notes and practical exercises in class which will be uploaded onto the lecturer's webpage.

***TEACHING METHOD***

The course will be delivered by means of frontal lectures, group exercises, analysis of testimonies from operators, expert users and active citizens, and methodological review meetings on the placements under way.

***ASSESSMENT METHOD AND CRITERIA***

Students will be assessed by means of oral and written exams. The written exam will assess students' knowledge of content covered in lectures and in the texts on the reading list. For the written assessment, students shall answer a number of open questions. Students must pass the written assessment in order to sit the additional oral exam. The assessment criteria are as follows: accuracy in terms of theory and concepts; students’ ability to methodologically review examples of real cases. Students must also present a short paper with reflections based on the experiences discussed in the applied workshops. The final mark will be out of 30 and take into account the mark awarded for the “Social Work Procedures and Techniques 3” module.

***NOTES AND PREREQUISITES***

Students must attend two thirds of the lectures for the module on Social Work Methodology. Working students may arrange a personalised syllabus with the lecturer. The module requires students to pass the exams for all methodologies (Methodologies 1 and Methodologies 2) and the practical learning from previous years’ placement activities.

*In case the current Covid-19 health emergency does not allow frontal teaching, remote teaching and assessment will be carried out following procedures that will be promptly notified to students.*

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.

Module 2.*Social Work Procedures and Techniques 3* **(**Prof. Maria Luisa Raineri)

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The module aims to develop and complete students’ basic knowledge of the current regulations and practices used by organisations that manage care services in relation to fulfilling the institutional roles of social workers and delivering the main forms of social service in the four sectors below.

*Intended learning outcomes*

By the end of the course, students must have secure technical and administrative knowledge, including of the relevant regulations dictating the discretion and reflectivity of social workers (as prescribed by their professional body) in the following sectors: mental health; social rehabilitation and reintegration of deviant subjects and those affected by addiction; and immigrant support.

***COURSE CONTENT***

The module is split into four teaching units:

1. *Intervention for addiction problems*

– The structure of the help path in Addiction Services and the main forms of help.

– The role of the social assistant in the administrative trials for reports on holding of drugs for personal use and in consumption

– The role of the social assistant in alternative measures to detention for drug addicts and alcohol addicts

– Double dignosis and collaboration with metal health service

– Prevention initiatives

2. *Intervention for mental health*

– The most significant historical stages of psychiatry and the current structure of mental health service.

– The support path in the Mental Health Centers and the main help actions of the social service.

– Mental illness associated with other problematic conditions: people in prison and being discharged from OPG; people with drug addiction and collaboration with SerD; Migrants.

3. *Social services in relation to the penal system.*

– The adult prison system, related services, alternative measures to prison. The role of the Ufficio per l'esecuzione penale esterna (Office for external penal execution)

– DPR 448/1988 and the interventions for minors on trial: important figures contributing to the application of legislation with the relative functions, phases of a process, techniques and procedures in rehabilitation interventions involving young offenders.

4. *The immigration issue*

– An outline of legislation and important figures dealing with immigrants, including the following functions: procedures for entering Italy, residency and potential citizenship.

– Interventions and possible support, processes of mediation and integration.

– Illegal immigration; an overview of the procedures for requesting asylum and available forms of protection for victims of human trafficking.

– Foreign unaccompanied minors: clarification of terminology; protective interventions in Italy.

***READING LIST***

M.L. Raineri, *Linee guida e procedure di servizio sociale,* Third updated edition, Erickson, Trento, 2019. In class, the lecturer will communicate the chapters to study and the reference law for recent updates.

***TEACHING METHOD***

Frontal lectures and exercises on practical cases. Lezioni frontali ed esercitazioni su casi pratici.

In the event that the health situation regarding the Covid-19 pandemic does not allow face-to-face teaching, the course will be delivered remotely and exam delivery details wil be communicated to students promptly.

***ASSESSMENT METHOD AND CRITERIA***

Students will be assessed by means of a written exam with both multiple-choice to be taken in person (this test will be replaced by an oral exam in the case the exam must take place remotely). The mark for this module will contribute to the mark for the Methodology of Social Work 3 course. Students will be assessed on their theoretical knowledge of the procedures as well as their ability to demonstrate that they can apply them appropriately in real work contexts (placements and trainee activities, primarily).

***NOTES AND PREREQUISITES***

Students must attend at least two-thirds of the lectures. Working students may arrange a personalised syllabus with the lecturer. This module introduces students to the technical specifications of the four welfare sectors considered, and as such has no specific prerequisites. Students must, however, have passed the corresponding procedure-based modules from the previous years.

In case the current Covid-19 health emergency does not allow frontal teaching, remote teaching and assessment will be carried out following procedures that will be promptly notified to students.

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