# History of Sport and of Sport Institutions

## Prof. Daniele Bardelli

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course aims to provide historical knowledge on the birth and development of athletic and sports activities and their main organisations in Italy and Europe, relating their evolution within the historical and cultural context. The intention is to encourage students to acquire skill in the historical-critical analysis of sports as a unique aspect of modern-contemporary society, increasing their knowledge of the educational potential of motor and competitive practices and so improve their ability to design, create and manage training activities in different facilities and contexts. At the end of the course, students will be able to:

* understand and describe the most relevant historical stages in the development of athletic and sports activities and their organisations;
* recognise their role in the more general framework of social evolution;
* historically and critically approach the sporting phenomenon, recognising also its current active dynamics.

***COURSE CONTENT***

The course will consider the evolution of physical-agonist activities from antiquity to the more recent modern age, in which contemporary sports practices and institutions are taking shape and the concept of sport is being developed in its own right. The events and changes in the fundamental gymnastics-sports organisations in Europe and Italy in the 1800s to 1900s will then be examined, in particular, those regarding the Olympic Movement, the IOC and the CONI (Italian National Olympic Committee). In the latter case, we will consider the fascist era transformations that CONI underwent as part of the regime's use of physical activity in the political training of "new Italians"; we will then look at the changes that took place in the functions of the principal sports institution in post-war Italy through to the reforms of the Nineties, concluding with an outline of the current organisational-institutional profile.

***READING LIST***

In addition to the course contents, one volume chosen from the following:

- A. Arvin-Bérod, *Les enfants d'Olympie. 1796-1896,* CERF, Paris, 1996.

- D. Bardelli, *Cattolicesimo,* ginnastica e sport. Un percorso storico nel rapporto fra religione e attività motorie, EDUCatt, Milan, 2012 [a choice between pp. 34-158, or 73-197, or 131-255].

- D. Bardelli, *Il Centro Sportivo “Rino Fenaroli” da accademia sportiva diocesana a Istituto Superiore di Educazione Fisica dell’Università Cattolica*, EDUCatt, Milano 2020.

- F. Bonini, *Istituzioni sportive italiane. Storia e politica,* Giappicchelli, Turin, 2006.

- P. De Coubertin, *Memorie olimpiche,* Mondadori, Milan, 2003 [with particular attention to the three introductory essays].

- P. Dietschy, *Storia del calcio,* Paginauno, Vedano al Lambro, 2014 [a choice between pp. 13-224 or 225-404].

- P. Dietschy - S. Pivato, *Storia delo sport in Italia,* Il Mulino, Bologna 2019 [a scelta pp. 11-147, oppure 11-32 più 148-268].

- E. Landoni, *Gli atleti del duce. La politica sportiva del fascismo, 1919-1939,* Mimesis, Sesto S. Giovanni 2016.

- A. Lombardo, *Pierre de Coubertin. Saggio storico sulle Olimpiadi moderne. 1880-1914,*  Rai-Eri, Roma 2000.

- U. Tulli, *Breve storia delle Olimpiadi. Lo sport,* la politica da De Coubertin a oggi, Carocci, Rome, 2012.

- J. Ulmann, *Nel mito di Olimpia. Ginnastica,* *educazione fisica e sport dall’antichità a oggi,* G. Aleandri (ed.), Armando, Rome, 2004 [pp. 265-395 of this specific edition. Any choice of different sections from the volume must be agreed with the lecturer].

- V. Verratti, *Società sportive e tessuto civile in Italia. Una storia istituzionale,* Bradipolibri, Turin, 2012.

- Instructions to guide the student's choice of text will be provided in the initial lectures.

- Other texts may be indicated during the course in relation to editorial market proposals. These, however, will be specified at the end of the semester on the University's Blackboard platform.

- A choice of texts other than those indicated may be agreed with the lecturer, in order to meet a student's particular research interests.

***TEACHING METHOD***

Frontal lectures will be supported by iconographic and audiovisual schemes and contributions. Teaching will aim to stimulate the active and collaborative participation of students. The material accompanying lectures will be made available through the University's Blackboard platform.

***ASSESSMENT METHOD AND CRITERIA***

The exam consists of an oral test (interview) on the topics covered in the course and on the contents of the chosen volume (or of the two volumes for non attending students). The following aspects will be considered in the assessment:

the student's knowledge of the course content and reading list, their ability to present their answers with clarity and lexical command

their understanding of the contextual links between the evolution of motor and sports activities and more general history;

their ability to historically understand the cultural and social role of sports practices.

***NOTES AND PREREQUISITES***

* There are no prerequisites for attending the course.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.