# . – Psychology of Interpersonal Relations

## Prof. Sara Pelucchi

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course aims to provide students with a theoretical framework relating to the psychosocial development of different significant interpersonal relationships starting from a reflection on the role that social belonging has in the processes of perception and construction of reality in which relationships are fulfilled. In particular, the aim is to activate the students’ capacity for observation and introspection of the exchange dynamics that drive the creation of interpersonal relationships and that accompany their development. At the end of the course, students will know and understand the basic elements of social psychology applicable to the sphere of interpersonal relationships with the aim of using the contents learnt for the personalisation of the educational intervention.

 ***COURSE CONTENT***

The first part of the course will address the presentation of the discipline of social psychology as a scientific study of the influence-based relationship between social action and the individual's personal action with a focus on the processes of social belonging. Subsequently the course will be dedicated to the understanding and in-depth analysis of the constitutive dynamics of the main interpersonal relational contexts that individuals in the different phases of their life cycle, can perform within their primary systems of belonging. In particular, the course will explore the significant relationships between peers, and the parents and affective relationships. The dynamics of relational exchange will also be analysed in depth through a focus on communicative exchange and on the management and resolution of conflict seen as a natural component of social interaction between individuals.

***READING LIST***

Reading for the examination:

A. Palmonari - N. Cavazza - M. Rubini, *Psicologia sociale,* Editori Laterza, Bari, 2012 (chaps. 1, 4 and 5).

R. Iafrate - A. Bertoni, *Gli affetti: dare senso ai legami familiari e sociali,* La Scuola, 2014 (except the third chapter)

Choose one of the following:

* Berti – A. Bombi, *Corso di psicologia dello sviluppo,* il Mulino, Bologna, 2018 (chap. 8).
* Berti – A. Bombi, *Corso di psicologia dello sviluppo,* il Mulino, Bologna, 2018 (chap. 13).
* Centro d’Ateneo Studi e Ricerche sulla Famiglia, *La generatività dei legami sociali e famigliari,* Vita e Pensiero*,* Milano, 2017 (chap. 5).
* Centro d’Ateneo Studi e Ricerche sulla Famiglia, *La generatività dei legami sociali e famigliari,* Vita e Pensiero*,* Milano, 2017 (chap. 9).
* D. Myers, *Psicologia sociale,* McGraw-Hill*,* Milano, 2019 (chap. 11).

***TEACHING METHOD***

Frontal lectures will explore the various topics contained in the reading list, designed to promote active learning of content. Talks from experts and practical activities (individual or in small groups) will promote experiential learning of the meanings of the interpersonal dimension.

***ASSESSMENT METHOD AND CRITERIA***

Assessment will be by means of an oral examination on course reading and material on Blackboard.

The interview will be aimed at assessing:

* knowledge and understanding of the course contents
* clarity of presentation through the use of specialised language
* ability to connect the various issues addressed and the possible applications in the educational field.

***NOTES AND PREREQUISITES***

There are no prerequisites for attending the course.

However, intellectual interest and curiosity is expected for the reflection and observation of human social action within the psychosocial area.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.