# . - Technical and Methods of Diagnosis in Clinical Intervention

## Prof. Maria Luisa Gennari

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

*Knowledge and understanding*

The course aims to introduce the most useful theoretical and practical elements to make psychological diagnosis that take into account the contexts in which they are formulated and the specific features of the intervention setting. In particular, it will provide some thinking and clinical work methods to use and integrate the information collected through interviews and some assessment tools, in order to produce diagnostic knowledge and identify appropriate strategies of psychological intervention.

*Ability to apply knowledge and understanding*

At the end of the course, students will be able to:

1. Know and interpret some of the main psychodiagnostic tools (individual and family Drawings);
2. Discuss differing information among themselves in a methodologically relevant way in order to understand relevant psychological information on the life experiences of people through the main phases of life (childhood, adolescence, adulthood);
3. Communicate in writing the main cognitive elements that arise from psychological and psychodiagnostic interviews.

***COURSE CONTENT***

The course aims to investigate the following topics:

Unit 0: Introduction

* Differences between nosography and diagnosis;

Unit 1: Understand

* The useful diagnosis: definition and characteristics of a working method;

Unit 2: Elaborate

* The construction of a psychological diagnosis: objectives, settings and tools;

Unit 3: Apply

* An introduction to the interpretation of the Drawing of human figures and the Drawing/Representation of Family.

***READING LIST***

* McWilliams N., *La diagnosi psicoanalitica* 2011 Astrolabio p. 1-180
* Cigoli V., Scabini E., Gennari M., Tamanza G., *Legami generazionali. Strumenti di assessment clinico*, Edra, 2018.
* RECOMMENDED:
  + Gennari M., Tamanza G., *Il disegno congiunto della famiglia. Uno strumento per l’analisi delle relazioni familiari*, FrancoAngeli, Milan, 2012.

***TEACHING METHOD***

Workshop-based and practical tutorials conducted in small groups, alternating with frontal lectures or critical readings of the cases presented. Students' personal involvement and critical sharing of observations are expected. At least one individual written test is envisaged before the exam.

Those who are unable to attend lectures must notify the lecturer in good time (at least one month before the course starts), in order to be remotely supervised (via email) for exam preparation.

***ASSESSMENT METHOD AND CRITERIA***

The exam involves the written analysis of clinical material accompanied by some of the information that emerged from the test assessment, with the aim of conducting a psychological diagnosis and developing an intervention proposal; an interview will follow involving comment on and in-depth analysis of the written document.

The assessment criteria include:

1. The relevance and numerousness of the psychological information collected through an anamnestic interview and an informative tool.
2. The ability to integrate the information revealed by data analysis in order to transform it into psychological knowledge, according to the main theoretical paradigms and the most important concepts of psychological diagnosis from a relational perspective.
3. Complexity and frequency of the diagnostic elements produced.

The final mark is based on the sum of the diagnostic elements identified by the student, meaning that the total possible for each exam is 30/30. A distinction will be awarded according to the organic nature, completeness and linguistic-expressive competence shown by the student in the formulation of their case.

***NOTES AND PREREQUISITES***

Students must possess a basic knowledge of clinical psychology, dynamic psychology, developmental psychology and demand analysis. Furthermore, they should show a certain interest and intellectual curiosity towards the course content.

There is no difference in the programme for students not attending lectures; they will have at their disposal the training material used during the course.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.