Workshop: Skills Profession Psychologist 1

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COURSE AIMS AND INTENDED LEARNING OUTCOMES

The workshop is included in the list of activities allowing the acquisition of the ECTS of the Practical Evaluation Internship (‘Tirocinio Pratico Valutativo’) in order to be qualified as licensed psychologists (and therefore be put in the register, which is called ‘Albo Professionale degli Psicologi’), as provided for by the interministerial decree of 5 July 2022 Comma 2. According to this document, the Practical Evaluaton Internship is intended as: *'[….] a set of contextualised and supervised practical activities consisting in carrying out tasks oriented towards situated learning and the development of the fundamental procedural and relational skills and abilities required to pursue the professional activity in question.’*

In particular, the workshop aims to guide students towards the definition of the key skills of psychologists, the practices related to psychological interventions, and the tools required to enter these contexts with a professional attitude.

COURSE CONTENT

The workshop includes the following modules:

* Module 1: the representations of the professional profile of a psychologist: from the personal self to the professional self
* Module 2: the role of the psychologist in terms of skills
* Module 3: The intervention practices of psychologists, between individual skills, organisational mandates, and institutional constraints
* Module 4: The dialogue with the psychologists working on the territory

READING LIST

The study material for the workshop will be made available by the lecturers during classes.

TEACHING METHOD

The teaching method adopted for the workshop is focused on experience and based on the relationship between learning processes in individual and group dynamics, also thanks to the introduction, carried out by the lecturers, to the reflection upon the personal and the professional self.

ASSESSMENT METHOD AND CRITERIA

The assessment of the workshop will be based on the active participation in class, the ability to debate with other students and carry out the practical activities proposed by the lecturers, and the writing of the ‘clinical diary of the practitioner’.

NOTES AND PREREQUISITES

Regular course attendance is recommended given the strong experiential and applied nature of the workshop.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG, or on the Faculty notice board.