# . – Psychology of Interpersonal Relations

## Prof. Sara Pelucchi

***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course aims to provide students with a theoretical framework of both the processes of social influence in the perception and construction of reality and of the categories underlying the development of the exchange dynamics in the different significant interpersonal relationships. In particular, the aim is to activate the students' observation skills to ensure the application of what they have learnt in the practice of the educational profession. At the end of the course, students will be able to know and understand the basic elements of social psychology applicable to the sphere of interpersonal relationships with the aim of using the contents learnt to personalise their educational intervention.

 ***COURSE CONTENT***

The first part of the course will focus on the presentation of the social psychology discipline as a scientific study of the influence relationship between the individual’s social action and personal action in the processes of construction and perception of personal and relational reality. Subsequently, the course will be dedicated to understanding and deepening the constitutive dynamics of the main interpersonal relational contexts where an individual can act in the various phases of their life cycle, within their primary systems of belonging (family, friendship groups and couple).

***READING LIST***

Reading for the examination:

A. Palmonari - N. Cavazza - M. Rubini, *Psicologia sociale,* Editori Laterza, Bari, 2012 (chaps. 1, 4 and 5).

R. Iafrate - A. Bertoni, *Gli affetti: dare senso ai legami familiari e sociali,* La Scuola, 2014 (except the third chapter)

Choose one of the following:

* Berti – A. Bombi, *Corso di psicologia dello sviluppo,* il Mulino, Bologna, 2018 (chap. 8).
* Berti – A. Bombi, *Corso di psicologia dello sviluppo,* il Mulino, Bologna, 2018 (chap. 13).
* Centro d’Ateneo Studi e Ricerche sulla Famiglia, *La generatività dei legami sociali e famigliari,* Vita e Pensiero*,* Milano, 2017 (chap. 5).
* Centro d’Ateneo Studi e Ricerche sulla Famiglia, *La generatività dei legami sociali e famigliari,* Vita e Pensiero*,* Milano, 2017 (chap. 9).
* D. Myers, *Psicologia sociale,* McGraw-Hill*,* Milano, 2019 (chap. 11).

***TEACHING METHOD***

Frontal lectures will explore the various topics contained in the reading list, designed to promote active learning of content. Talks from experts and practical activities (individual or in small groups) will promote experiential learning of the meanings of the interpersonal dimension.

***ASSESSMENT METHOD AND CRITERIA***

Assessment will be by means of an oral examination on course reading and material on Blackboard.

The interview will be aimed at assessing:

* knowledge and understanding of the course contents
* clarity of presentation through the use of specialised language
* ability to connect the various issues addressed and the possible applications in the educational field.

***NOTES AND PREREQUISITES***

There are no prerequisites for attending the course.

However, intellectual interest and curiosity is expected for the reflection and observation of human social action within the psychosocial area.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG or on the Faculty notice board.