# . - Psychological Interview: Methods and Techniques for Question Analysis

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***COURSE AIMS AND INTENDED LEARNING OUTCOMES***

The course aims to illustrate the fundamental elements that, in different public and private contexts, structure the analysis of the psychological intervention request.

The course aims also to develop basic skills for managing a psychological interview, especially in its initial stages.

The expected learning outcomes therefore concern students':

1. knowledge of the emotional dynamics that institute any psychological request;
2. understanding of the meanings conveyed by customer requests;
3. use of dialogical skill (interview and questions) which allows a dissection of the request's meanings;
4. ability to resolve the uncovered needs, by proposing a psychological intervention relevant to the needs presented to the psychologist.

***COURSE CONTENT***

The course aims to develop the following topics, which will be addressed in successive modules:

1. Purpose of the interview and methods of constructing the question;
2. The constituent elements of the interview as a tool for investigating the customer's request-demand (personal history and contextual data, emotional dynamics, thought-conception modes, etc.);
3. The influence of different settings, contexts and organisational cultures in the structuring of the analysis of the request;
4. Identification of the collusive dynamics of the situation;
5. Restoring and building the intervention project with the client.

***READING LIST***

Carli R. - Paniccia M.R, *Analisi della domanda. Teoria e intervento in psicologia clinica*, Il Mulino, Bologna, 2003. (recommended)

Gennari M. -Molgora S. -Pirovano N. - Saita E., *La costruzione della domanda psicologica attraverso il colloquio clinico. I fondamenti, il metodo, i contesti*, FrancoAngeli, 2015.

***TEACHING METHOD***

Lectures will be held in the classroom, alternating theoretical exemplifying lessons in plenary with stimulus-inspired practical exercises in subgroups and practical cases/tutorials to allow experimentation with the question analysis process. Students' personal involvement and active sharing of observations are expected. At least one individual written test is envisaged before the exam.

Those who are unable to attend lectures must notify the lecturer in good time (at least one month before the course starts), in order to be remotely supervised (via email) for exam preparation.

***ASSESSMENT METHOD AND CRITERIA***

The exam opens with the written analysis of a problematic "situation", with the aim of making an initial diagnosis of the salient features of the need and developing an initial intervention proposal for the patient. In the event of a pass, an oral exam will follow, to be carried out according to the procedures established by the Commission.

The assessment considers the following criteria:

1. the student’s identification and processing of the emotional and collusive meanings associated with the request;
2. the student’s identification of the needs and answers that the psychological profession can offer based on an analysis of the context in which the request is made.

The final mark is based on the sum of the elements useful for analysing the request identified by the student, meaning that the total possible for each exam is 30/30. A distinction will be awarded according to the organic nature, completeness and linguistic-expressive competence shown by the student in the formulation of their case.

***NOTES AND PREREQUISITES***

Students must possess a basic knowledge of clinical psychology, developmental psychology and dynamic psychology.

There is no difference in the programme followed by non-attending students, who will have available the practical materials used during the course.

Further information can be found on the lecturer's webpage at http://docenti.unicatt.it/web/searchByName.do?language=ENG, or on the Faculty notice board.