



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

# SARS-CoV-2 Infection Prevention and Control Protocol

**Summary  
information for  
students**

September 2021

In order to defend oneself and limit the spread of contagion, prevention is the most effective weapon. Access to, presence on and exit from Università Cattolica campuses require the observance of specific measures to guarantee the protection of one's own health and that of the entire university community. The rules to be observed are detailed in the [Behaviour Guidelines - SARS-CoV-2 epidemiological emergency protocol](#) (Guidelines) and in the [Procedure for the management of symptomatic and SARS-CoV-2 positive cases](#) (Procedure). All those who enter Università Cattolica are required to read these documents. The following is an outline of the main measures to be followed, with special attention, in paragraph two, to the main behaviours to be adopted for the management of symptomatic and positive cases, i.e. close contacts. Furthermore, the use of the IMMUNI application ([www.immuni.it/](http://www.immuni.it/)) is strongly recommended to the whole university community.

## 1. PREVENTIVE MEASURES

### 1.1. Before entering the University

- Obtain COVID-19 Green Certification (or Green Pass), according to one of the procedures provided for by current regulations (having had the first dose or single-dose anti-SARS-CoV-2 vaccine for 15 days; having completed the anti-SARS-CoV-2 vaccination cycle; having tested negative to a molecular or rapid swab in the previous 48 hours; having recovered from COVID-19 in the previous six months). For the purposes of obtaining the COVID-19 Green Certification (or other equivalent certification) for non-EU students, please refer to the UCSC institutional website <https://www.unicatt.eu/landings-info-covid-19-provisions-for-the-university-community> and to the link <https://www.dgc.gov.it/web>, as well as, for information regarding travel to and from Italy, to the website <http://www.viaggiasesicuri.it/home>. On the basis of specific regulatory provisions, certain categories of people may be exempted from the obligation of the COVID-19 Green Certification (e.g. for health reasons from vaccination on the basis of appropriate medical certification, citizens who have received one or two doses of Reithera vaccine, as part of the Covitar trial).
- Stay at home and do not go to the University if you have a respiratory infection characterized by a fever of over 37.5°C - to be measured before travelling to the University - and/or by other symptoms related to COVID-19; contact your General Practitioner as soon as possible.
- Follow any COVID-19 related medical instructions (e.g. isolation, swabbing, even if a positive case has been reported as a close contact) received from health authorities.
- Wait for the completion of the above prescriptions to return to university.
- Respect the regulations and the reference indications in the home-university route, also with reference to the use of means of transport, sanitizing your hands before entering Università Cattolica.
- Access the campuses in the manner disseminated through institutional communication channels.
- Access, according to the procedures established by the university, activities (such as lectures) and academic and administrative services in presence (e.g. library and student secretariats), using the rotation systems defined by the competent structures and, where necessary, remotely.
- Keep attestations (e.g. digital receipts, app and email notifications) at hand, which authorize presence in the university, to be shown to staff when requested.

## 1.2. During your access and stay at the University

- Show your COVID-19 Green Certificate (or other equivalent certification) to the university staff together with an identification document (card or, in its place, health card or other valid document).
- Wear a suitable face mask (the use of so-called "community masks" is not allowed) and bring your own, considering the need for replacement due to wear during your stay at the University.
- Access the campuses only from the permitted entrances, in an orderly manner, respecting the inter-personal distance of at least 1 metre, paying attention to the indications given by the university personnel in charge of body temperature controls.
- Respect the prohibition to enter the university if the temperature found at the entrance is higher than 37.5°C; respect the indications provided by the personnel in charge; promptly contact your attending GP and follow any communications received from the Health Authorities, also with reference to your journey back home.
- Contact the COVID-19 reference numbers or inform the supervisory staff, the teaching support staff, or the staff in charge of providing academic and administrative services of the possible occurrence of symptoms of COVID-19 during the stay on the premises; do not go to the first aid station and/or the infirmary but follow the established procedures and the indications provided by the staff in charge, as well as any communications received from the health authorities, also with reference to your journey back home.
- Enter and leave classrooms in an orderly manner, avoiding unnecessary standing and congregation in the classrooms or in adjacent spaces (e.g. corridors and courtyards).
- During the breaks between scheduled activities at the university, use the spaces available for this purpose, if specifically indicated.
- In classrooms with fixed seating, occupy seats in an alternating "checkerboard" fashion, adhering to the minimum spacing of 1 meter, with a 10% measurement margin.
- Scrupulously respect the hygiene and behavioural rules established by the university. Hygienize your hands frequently, even more so in the case of contact with common surfaces and tools or before entering classrooms and rooms where services are provided.
- Remain in the university, including open spaces, only for the time necessary to carry out the activities you planned for the day.
- Conduct meetings and gatherings by limiting the number of participants, favouring the use of "remote" communication tools, where applicable.
- Respect the maximum capacity of the rooms used, i.e. the number of simultaneous attendees allowed.
- Give preference to the use of stairs instead of lifts, since the latter can be used by one person at a time.
- Use appropriate containers for disposal of disposable masks and gloves.

## 1.3. Leaving the University

- Ensure that you do not leave personal items on university premises.
- Proceed with the return to the home respecting the same precautions adopted to reach the university.

## 2. HOW TO MANAGE SYMPTOMATIC AND POSITIVE CASES AND CONTACTS

### 2.1. Symptomatic cases

- In the case of a fever of more than 37.5°C and/or the appearance of other symptoms of COVID-19 at home, the student must not go to the university and must promptly contact his or her attending physician and scrupulously follow his or her instructions.
- In the case of a fever of more than 37.5°C, when entering the university, access will be denied and the person concerned must contact their attending physician.
- In the case of fever and/or symptoms detected at the university, during the stay, the student must contact the supervisory staff, the teaching support staff, or the staff in charge of providing academic and administrative services and follow the instructions provided or, alternatively, contact the COVID-19 reference numbers provided at the end of this document.

### 2.2. Positive cases

- A student who is positive for COVID-19 must remain in isolation and follow the directions provided by the Health Authority.
- A student identified as a "close contact" of a positive subject must follow the directions of the Health Authority.
- A student who has tested positive for COVID-19 or who has been subjected to a prescription by the competent Health Authorities (e.g. because he/she has been identified as a close contact) may return to the university only after he/she has recovered according to the procedures of the Health Authorities and, in any case, after the completion of the prescriptions received (e.g. termination of isolation or negativity to COVID-19 certified by the swab).

### 2.3. Contact with subjects with COVID-19 requirements

- The student must contact his or her attending physician and follow his or her instructions even if the student is aware of having been in a situation of concrete risk of contagion, including in particular: i) having been in close contact with a COVID-19 positive subject; ii) having attended a symptomatic subject with prescriptions issued by the competent Health Authority (e.g. fiduciary isolation and prescription of the swab).

## REFERENCE CONTACTS

The reference contacts to be used for the communications referred to in this notice are:

- Milan 02 7234 2000
- Rome 06 3015 8770 (or 8771)
- Brescia 030 2406 499
- Piacenza/Cremona 0523 599 111

Further general information is also available by emailing [infocoronavirus@unicatt.it](mailto:infocoronavirus@unicatt.it).



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