Personal Development Course
Course Program (Group G1)
a.a. 2023-2024

Course introduction. Developing your potential through personal improvement and growth
Wednesday, November 8th 2023, 08:30 - 10:30 a.m., Room F, Roberta Virtuani – Università Cattolica

Visioning and planning through a personal development plan. A story of success: becoming a manager
Wednesday, November 15th 2023, 08:30 - 10:30 a.m., Room F, Roberta Virtuani – UCSC, Mara Cassinari - HCLTech

Developing your employability and personal branding through your CV and your cover letter
Thursday, November 23rd 2023- 08:30 - 10:30 a.m, Room F, Alessandro Ferrario - AdeccoGroup

The power of self-leadership
Wednesday, November 29th 2023- 08:30 - 10:30 a.m., Room F, Luigi Drei – Trainer and writer

How to handle your comfort zone. Developing your learning skills through memorization and quick reading techniques
Wednesday, December 6th 2023- 08:30 - 10:30 a.m., Room F, Roberta Virtuani – UCSC, Nicoletta Todesco - Brain Up

Lezioni seminariali

Via Emilia Parmense, 84
Campus di Piacenza

In collaborazione con Stage & Placement e CUML - Comitato Università Mondo del Lavoro

Informazioni:
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