

Personal Development Course

Course Program (Group G2)

a.a. 2023 -2024

Course introduction. Developing your potential through personal improvement and growth

Friday, November 3rd 2023 - 10:30 a.m. - 12:30 p.m., Room 32, Roberta Virtuani – Università Cattolica

Visioning and planning through a personal development plan – A story of success: becoming a manager

Friday, November 10th 2023 - 10:30 a.m. - 12:30 p.m., Room H, Roberta Virtuani – UCSC, Deborah Realini – NetSeeds

From traditional to personal branding: a road map for self-development

Friday, November 17th 2023 - 10:30 a.m. - 12:30 p.m., Room H, Federico Celoni - Bayer Consumer Health

Developing your employability and personal branding through your CV and your cover letter

Thursday, November 23rd 2023 - 10:30 a.m. - 12:30 p.m., Room F, Alessandro Ferrario – AdeccoGroup

How to handle your comfort zone. Developing your learning skills through memorization and quick reading techniques

Wednesday, December 1st 2023 - 10:30 a.m. - 12:30 p.m., Room H, Roberta Virtuani – UCSC, Nicoletta Todesco - Brain Up

Lezioni seminariali

Via Emilia Parmense, 84
Campus di Piacenza

In collaborazione con Stage & Placement e CUML - Comitato Università Mondo del Lavoro

Informazioni:

Prof. Roberta VIRTUANI

roberta.virtuani@unicatt.it



**UNIVERSITÀ
CATTOLICA**
del Sacro Cuore