



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

# SARS-CoV-2 Infection Prevention and Control Protocol

**Summary  
information for  
students**

May 2022

In order to defend oneself and limit the spread of contagion, prevention is the most effective weapon. Access to, presence on and exit from Università Cattolica campuses require the observance of specific measures to guarantee the protection of one's own health and that of the entire university community. The rules to be observed are detailed in the [Behaviour Guidelines - SARS-CoV-2 epidemiological emergency protocol](#) (Guidelines) and in the [Procedure for the management of symptomatic/SARS-CoV-2 positive cases](#) (Procedure). All those who enter Università Cattolica are required to read these documents. The following is an outline of the main measures to be followed.

## 1. PREVENTIVE MEASURES

### 1.1. Before entering the University

- Stay at home and do not go to the University if you have a fever of over 37.5°C - to be measured before travelling to the University - and/or by other symptoms related to COVID-19; contact your General Practitioner as soon as possible.
- Follow any COVID-19 related medical instructions (e.g. isolation, swab test, self-monitoring) received from health authorities.
- Respect the regulations and the reference indications in the home-university route, also with reference to the use of means of transport, sanitizing your hands before entering Università Cattolica.
- Access the campuses in the manner disseminated through institutional communication channels.
- Access, according to the procedures established by the university, activities (such as lectures) and academic and administrative services in presence (e.g. library and student secretariats), using – if applicable - the booking systems defined by the competent structures and, where necessary, remotely.

### 1.2. During your access and stay at the University

- It's recommended to wear a suitable face mask (the use of so-called "community masks" is not allowed) and bring your own, considering the need for replacement due to wear during your stay at the University.
- Inside campus, it is recommended to avoid crowds and, in any case, to maintain the greatest distance possible.
- Come back home if you have symptoms related to COVID-19 and contact your General Practitioner as soon as possible.
- Scrupulously respect the hygiene and behavioural rules established by the university. Hygienize your hands frequently, even more so in the case of contact with common surfaces and tools or before entering classrooms and rooms where services are provided.
- Use appropriate containers for disposal of disposable masks and gloves.

### 1.3. Leaving the University

- Proceed with the return to the home respecting the same precautions adopted to reach the university.

## 2. HOW TO MANAGE SYMPTOMATIC AND POSITIVE CASES AND CONTACTS

### 2.1. Symptomatic cases

- In the case of a fever of more than 37.5°C and/or the appearance of other symptoms of COVID-19 at home, the student must not go to the university and must promptly contact his or her attending physician and scrupulously follow his or her instructions.
- In the case of fever and/or symptoms detected at the university, during the stay, the student must contact the supervisory staff, the teaching support staff, or the staff in charge of providing academic and administrative services and follow the instructions provided or, alternatively, contact the COVID-19 reference numbers provided at the end of this document.

### 2.2. Positive cases

- A student who is positive for SARS CoV-2 must remain in isolation and follow the directions provided by the Health Authority. In particular, student is forbidden to leave his/her home or residence until he/she produces a negative test result.
- For the return to the community of students who tested positive for SARS COV-2 therefore also with reference to attendance at the University, it is necessary to inform the MC about the negative outcome of the SARS COV-2 swab.

### 2.3. Students who have had contacts with subjects positive to SARS COV-2

- Students who have had close contact with SARS CoV-2 positive individuals apply a self-monitoring modality and must wear FFP2 respiratory protection indoors or in crowds, until ten days after the date of last close contact. If symptoms of possible SARS-CoV-2 infection occur during the self-monitoring period, an immediate antigenic or molecular test for SARS-CoV-2 is recommended. If negative, repeat the test, if symptoms are still present, on the fifth day after the date of last contact.

## REFERENCE CONTACTS

The reference contacts to be used for the communications referred to in this notice are:

- Milan, tel. 02 7234 2000
- Rome, tel. 06 3015 8770 (or 8771)
- Brescia, tel. 030 2406 499
- Piacenza/Cremona, tel. 0523 599 111

Further general information is also available by emailing [infocoronavirus@unicatt.it](mailto:infocoronavirus@unicatt.it).



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